

NSI Midshipman Packing List	
	Qty
Government Issued Identification (passport, drivers license)	1
Orders from your Unit	2 Copies
Filled out Graduation Guest Security Access Form	2 Copies
Religious Reading Materials (Bible, Quran, etc.)	As required
Cash, debit card or credit card (See Note 6 below)	\$300
Feminine Hygeine Products	3 Week Supply
Medication must be in the original bottle/container with the prescription label. The label must have your name, instructions on how to take the medication, prescribing doctor and pharmacy that dispensed the medicine.	3 Week Supply
Current Prescription Eye Glasses (NO CONTACT LENSES)	1
Glasses holders / straps (black)	1
Running Shoes	1
Proper Civilian Attire	2 Day Supply
Sweatshirt and Sweatpants	1
Underwear	2
Sports Bras (Optional for Females)	4
Cough Drops (as required) * Must be unopened and in original packaging	As required
Cell phone and charger (See Note 7 below)	1

Do Not bring the following items:

1. Laptops and/or tablets (i.e. iPad, Fire 7, etc.) or any electronic devices to include electric shavers
2. Over the counter (OTC) medication (i.e. Allegra, Claritin, Tylenol, etc.)
3. Nutritional Supplements (i.e. protein powders, amino acids, multivitamins, etc.)
4. Contact Lenses
5. Checked luggage (only backpack or small carry on authorized). **Absolutely no suitcases, duffle bags, or cruise boxes!**
6. Prepaid Gift/Purchase Card with PIN ***(our machines can not process these cards)**
7. Cell phones will be secured by staff upon arrival and utilized for the mid-NSI phone call home or in the event of an emergency.
8. Toiletry items, to include travel size (i.e., soap, shampoo, toothpaste, etc) ***Candidates will be issued all required items during NSI.**
9. Valuables of any kind to include jewelry or family heirlooms. *** Religious items/medals/necklaces maybe brought, but the Candidate will be responsible for those items if lost or damaged.**
10. Tobacco products, vapes, Zyn or similar nicotine pouches/products

**** All Midshipman Candidates are subject to search, once they arrive for training.**